

Local Wisdom for Public Health

Health is the most important thing that we should concern about. We should make sure that we could maintain our health as good as possible. We must make sure that we could maintain our health in the best condition. Today, even though the medical technology has need significantly developed, still there are some health experts that also consider the local wisdom as the perfect alternative way to heal the patients.

As we all we see, there are some local ancient medical technology that has been proved as the effective medical treatments for many kinds of health diseases. In the past, long time ago when people still haven't know anything about the modern medical treatments, they have developed some excellent medical treatments by using the local wisdom. One of the excellent examples of it would the acupuncture treatments from China.

There are also some ancient medications from the Chinese by using some sorts of ancient plants that somehow effective to be used as the medical treatments for many kinds of illness.

That is why, as the modern people, we shouldn't forget about the local wisdom because it would have the excellent benefits for the local public developments and it would also be useful for the future developments of medical treatments.